Definitions of Abnormality – Questions by Topic (MCQ)

Q1.

Read the four definitions of abnormality below (**A**-**D**).

A   Failure to function adequately

B   Deviation from social norms

C   Statistical infrequency

D   Deviation from ideal mental health

In the table below, are descriptions of abnormal behaviour. Choose the definition that best matches each description and complete the table by writing **A** or **B** or **C** or **D** in the box at the end of the statement. Use any letter only **once**.

Behaviour which is rare and not exhibited by many people	
Behaviour which does not fit the rules of expected behaviour	
Behaviour which shows an inability to cope with everyday life	

(Total 3 marks)

Q2.

Which **two** of the following are examples of Jahoda's criteria for 'ideal mental health'? Shade **two** boxes only. For each answer completely fill in the circle alongside the appropriate answer.

A   Dependence on others   ○

B   Environmental mastery   ○

C   Lack of inhibition   ○

D   Maladaptiveness   ○
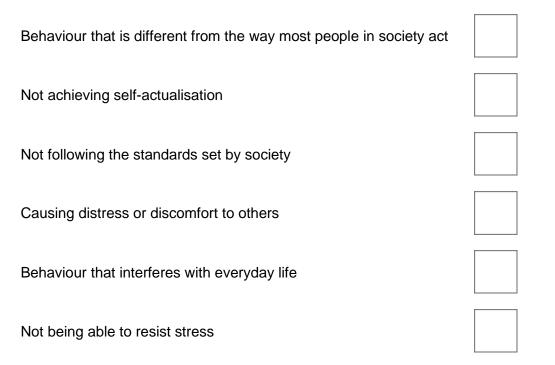
E   Resistance to stress   ○

(Total 2 marks)

Q3.

The following statements are all linked to different definitions of abnormality.

Select the **two** statements that describe the deviation from ideal mental health definition of abnormality.

Tick **two** boxes.

Behaviour that is different from the way most people in society act ☐

Not achieving self-actualisation ☐

Not following the standards set by society ☐

Causing distress or discomfort to others ☐

Behaviour that interferes with everyday life ☐

Not being able to resist stress ☐

(Total 2 marks)